

DR.A'S NEWSLETTER

FERTILITY & GYNAECOLOGY UPDATE

CREATED BY: DR.AGILAN ARJUNAN

FERTILITY SPECIALIST &
GYNAECOLOGIST

Email: dragilanarjunan@gmail.com



Photo from: theconversation.com

CAP-SCORE

NEW MALE FERTILITY TEST
THAT PREDICTS
PREGNANCY

Cap-Score quantifies the ability of the sperm to undergo a process called 'capacitation', which is needed for sperm to be able to fertilise an egg.

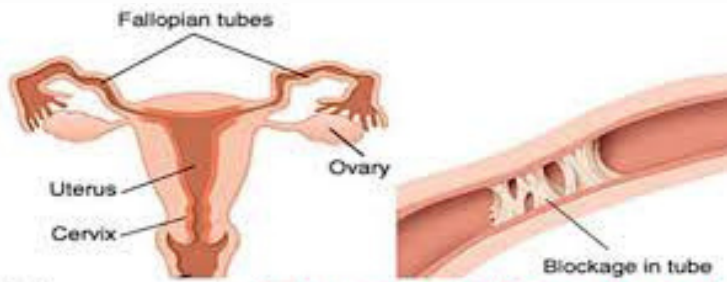
Cap-Score's predictive ability "held true across different age ranges for the female partner.

The researchers also compared Cap-Score results from more than 2,000 men having fertility exams at 22 clinics against results from a control group of fertile men with a pregnant partner or young baby. Cap-Scores from the fertile men showed an expected bell-shaped curve. In contrast, the vast majority of men questioning their fertility had scores below the mean of the fertile population.

Using the Cap-Score, doctors and couples can make informed decisions about whether to try to conceive unassisted or choose one of several medical approaches.

Source: Cornell University. "New test offers clarity for couples struggling to conceive." ScienceDaily. ScienceDaily, 16 July 2020.

UNBLOCKING A BLOCKED FALLOPIAN TUBE



How to Treat Blocked Fallopian Tubes Naturally

Photo source: <https://www.facebook.com/doctorkimotho/posts/431509087663549/>

Some anecdotal evidence suggests that certain natural treatments may work to clear a blockage in the fallopian tubes. However, there is very little scientific evidence to support these claims.

Nonmedical treatments that some claim can help treat blocked fallopian tubes :

- a) Quitting smoking
- b) Avoiding alcohol
- c) Reducing stress
- d) Exercising
- e) Trying manual pelvic physical therapy

- f) Trying Chinese herbal medicine
- g) Consuming turmeric
- h) Getting more vitamin C
- i) Consuming omega-3 fatty acids

Source: <https://www.medicalnewstoday.com/articles/natural-treatment-for-blocked-fallopian-tubes>

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"IF YOU ARE KNOWN TO HAVE A BLOCKED FALLOPIAN TUBE, SEE A FERTILITY SPECIALIST FOR CONSULTATION" - DR.AGILAN, MRCOG

